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# The Way of Wholeheartedness: A Course in Relationships

Transforming Conflict into Love,  
Deepening Good Relationships

*Sat March 24, 2018, 9 to 4:30*

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The Sanctuary Wellness Center, 208 N Buckmarsh St,  
Berryville, VA 22611

You are warmly invited to attend this day-long event, a powerful way of transforming conflict into love and intimacy. It's both for those wanting to heal conflicts and those wanting to deepen or refresh the intimacy in relationships that are already whole. Through a radically different and surprising view of the nature of conflict and disagreement, this course offers a unique and compelling three-step method for healing and for enhancing relationships that you will be able to use in your daily life. It has led many participants to heal conflicts with loved ones that had lasted for many years, sometimes decades. The workshop is a fun-filled event with plenty of group interaction. It offers insights that can make a huge difference in communication both at home and at work. In this seminar, you will learn: A) how to stop the very common practice of unconsciously making implications that anger or irritate others; B) how to see that anger and withdrawal are only cover-ups for fear, anxiety, and insecurity; C) how to bring love or positive regard to a relationship without the other person changing first.



*Kelly Dorfman, MS, LND*, is an internationally known speaker and award-winning author. She has been featured on CNN, Gwyneth Paltrow's Goop.com, and has been quoted in the Wall Street Journal, Washington and Oprah Magazine. With over 25 years of clinical experience, she has also led seminars for doctors, therapists, government agencies, teachers and the general public.



*David G. Mercier, MS, LAc*, has conducted personal growth seminars and over 40,000 life-coaching and health-coaching sessions over 3 decades. He is the author of *A Beautiful Medicine*, the textbook for a summer course he teaches at Johns Hopkins University. In the 70's, he spent 2 years as a Buddhist monk in Sri Lanka.

Investment: \$159, or \$149 by March 1<sup>st</sup>, 2018. To register, call David at 410.924.3831 for credit card payment, pay through Venmo to davidgmercier, or mail check to Mercier and Associates at 10 Light St. Unit 1619, Baltimore, MD 21202. Questions? call David 410.924.3831 or Kelly 301.442.5048. Bring notebook and brown bag lunch.

*This has completely altered how I interact people. The seminar was a truly transformative experience."*  
L.P.

*"The seminar has done wonders in my life. The changes have been phenomenal. It was amazing."*  
D.M.

*"...superlative workshop. It really delivered as I had a major breakthrough and resolved a relationship issue which had plagued me since 1976. The workshop challenged my assumptions, lifted my misconceptions and left me joyous and peaceful. It changed my clinical work as well - I am more open and present and have positive tools to offer my clients - as one client said, it is "profound."*

*C.I., psychotherapist*

*"The workshop was wonderful."*

*L.F., psychotherapist*

*"Thank you for offering this wonderful class on communication. It was so much more than I had expected."*